

**WAIVER OF LIABILITY FORM
STRENGTH AND CONDITIONING PROGRAM**

In consideration of my child's voluntary participation in the North East Independent School District Athletic Department's Summer Strength and Conditioning Program, which includes use of its facilities and/or equipment, and in addition to the payment of any fee associated with this participation, I do hereby agree to waive, release and forever discharge the North East Independent School District, its trustees, employees, agents, and representatives from any and all responsibility or liability, under state and/or federal law, for any injuries and/or other damages resulting from my child's participation in the Summer Strength and Conditioning Program. This participation includes any organized or individual activity that is part of the Summer Strength and Conditioning Program, including but not limited to preparation sessions, workouts, and meetings. I hereby acknowledge and understand that this waiver of liability extends to claims by me, my child, and/or any other parent or legal guardian of my child.

It is required as a condition of my child's voluntary participation in the Summer Strength and Conditioning Program that he or she receive a physical from a fully-licensed physician (licensed in the state of Texas to practice medicine) prior to participating in any activity that is part of the program. Proof of such physical, and of the child's medical fitness to participate in the program, must be provided to the North East Independent School District Athletic Department prior to participation in the program. I understand that the District is entitled to rely on such proof from a physician that the child is medically fit to participate in all aspects of the program, and that the District is not responsible for any medical advice or treatment given by any physician.

My signature below certifies that I understand and accept the conditions and waiver as explained above.

PARENT OR GUARDIAN'S SIGNATURE

DATE

PARENT OR GUARDIAN'S PRINTED NAME

STUDENT ATHLETE'S NAME

SCHOOL



**LADY MAVS
SUMMER
Strength & Conditioning
CAMP
2019**



**8th- 12th Grade
JUNE 17- JULY 18, 2019**

Camp Enrollment Form
8th- 12th Grade

MONDAY – THURSDAY

7:30 am – 9:00 am

Please bring:

*Athletic shoes

*Water Bottle

All incoming 8th - 12th grade girls
We're talking all athletes including but not
Limited to sports enthusiasts, dancers,
Cheerleaders, ROTC, band members, etc.

Where: JM DEMAC Facilities & Track/Football Field

Cost: \$50.00

(Includes a camp T-shirt)

**** Bring \$ on first day, mail in or Pay online****

Summer is a great time to not only
Improve your stamina and overall health
And wellness, but to improve mentally and
Physically in all areas of life

School Physical & S&C Waiver required

Please complete all information, sign the waiver on the back,
and mail/bring this half page with payment to:

Madison High School
C/O Vanessa Villarreal
5005 Stahl Road
San Antonio, TX 78247

Make check payable to Madison Girls Athletics

S&C Camp \$50.00

Athletes Name: _____

Address: _____

Parent's Name: _____

Emergency Contact Numbers: Name _____

Number _____

Circle Grade for the upcoming (2019-2020) School Year

8th 9th 10th 11th 12th

Circle T-shirt Size: Adult

Small Medium Large X-Large